

Stephen Mackay

Confident learners in the making...

Corporate Exercise

Rustic Sculpture

Corporate goals

All of our corporate exercises are designed to build cohesion amongst employees which in turn improves productivity and workplace morale. It will do so by,

- Developing a greater understanding of the roles people play within the team
- Improving communication and team bonding
- Developing a culture of trust which is a key factor in determining team success through safe goal setting and problem solving.



Outline of exercise

Challenge yourself to experience a unique art form by reconstituting logs into lovable artefacts. Have fun using a wide range of traditional woodworking tools whilst you creatively fashion something for your garden or office space. Understand principals of sustainability, the fun way.

Detail of exercise

This is a 'must do' event for all experiential learners; minimal academic study, maximum 'hands-on'. All tools will be provided. No prior knowledge or experience is required.

The intention is to produce your own wooden sculpture to take home or leave at the office. We will start with a brief outline of the process where your initial design layout will be formulated.

Thereafter access to an outdoor area would be helpful. There you will be guided in the safe use of a traditional wood working tool set and the process of construction.

“ this is great, it is so absorbing I can forget about everything - it's very therapeutic

Personal skills to be developed

All exercises are designed to ensure that you achieve some level of mastery with minimal instruction and maximum 'hands-on' experience. The success of these practical exercises will be as a result of the full engagement of your physical senses along with your mind. In addition you can expect to challenge the following soft or personal skills,

- Acquire a basic understanding of construction
- Learn to use a limited range of traditional woodworking tools and technique
- Develop an alternative means of creative expression
- Make decision about shape and form

+64(0) 21 347 663 / +64(0) 283 3573
steve@stephenmackay.co.nz
206 Cames Road, RD5,
Wellsford 0975, New Zealand



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Time frame

Available as a

Morning exercise of 3- 4 hours

Full day exercise 6 hrs

“ It was a great way to introduce new staff to the rest in a none threatening way

Group size

Recommended maximum is 6 for reasons of safety but larger numbers can be accommodated with discussion.

Photos/web link

Take a look at the following [weblink](#) to see numerous examples of what has been achieved by a wide range of adults and children. Note that these pictures are designed to raise your awareness of what is possible and not to raise any expectation that something similar will be produced. Any outcome will be the result of the shapes and forms identified within the given woodpile, the creativity of the team and the time available.

Materials, background reading list, essential equipment required

None, except a small supply of green wood i.e. trees that have been recently felled and are still oozing sap. Dry firewood will not do. The key to success is variety in size and shape which will offer the greatest chance for you to exercise your creativity. Please ask for guidance when booking.

Please ensure clothing worn is not so precious that a little dust and dirt is a problem.

Brief resume of trainer

In the last nineteen years I have developed a successful career in teaching and personal development, where I have led a number of initiatives in the special needs sector. I am a qualified, secondary trained, Design & Technology teacher. Much of my work is outdoors, constructing things and changing the lives. In 2012, I was recognised as one of New Zealand's 'Most Inspiring Teachers'. My academic career has consolidated my experience in leadership, management, data analysis, logistics and Health and Safety.

My educational services increasingly find place in industry and commerce alongside an academic base. My 'hands-on' exercises nurture a broad range of competences through a holistic approach to the design and build process. Much of my success is grounded in thirteen years of industrial experience across a number of disciplines where I achieved chartered status in mechanical design and production. I have also studied green woodworking in the UK and am a practicing 'Bodger' with my own pole lathe.

In 2005 I took six months unpaid leave of absence to provide humanitarian support in Thailand after the Tsunami. There I led an international workshop project that involved locals in the production of their own furniture (Thaieka).

In short I have a passion for making things. I am happiest when surrounded by those that share my passion.

Exercise cost

Morning exercise indicative price of \$600 plus GST (for a group size of 6)

Full day exercise contact Steve to arrange a quotation tailored to your specific needs

Materials are an additional cost

Travel fee may apply

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